



Interview with Joe Dakin

(Amateur Arm-Wrestler)



- How did you become an arm-wrestler?
I was given the opportunity through my local youth club and I've been doing it ever since.
- How long have you been an arm-wrestler, and is there anyone else in the school that follows the same hobby?
Well, I've been doing this for 3 years now. Actually, there is someone in school who does this, Ben Cunliffe. He's also won a competition for his weight and has also been doing it for several years. In the competitions you're put in groups depending on your weight.
- What has been your biggest success so far?
It has got to be winning the Britain Championships for the 13/14-year-old category; I felt so high and so proud and almost above everyone, if you know what I mean.
- Is Arm-Wrestling a major sport?
Yes, in fact it is an Olympic sport and it is so popular in Russia, Canada and America etc. It is also a sport in the Paralympics.
- If you could, what would you do to promote this sport?
Well I would like to try something here in school like setting up a workshop, giving other pupils an insight into what it is all about. Or perhaps organising a district championship. I think there is potential in everyone here in school. I've even had 'pretend' arm-wrestles with girls and been surprised at their potential. See, it's not just about strength its about technique.
- What message would you give to youngsters interested in sports such as Arm-Wrestling?
If you are given any opportunity...take it! No matter what it is just go for it! If I think about something and want to do it...I'd do it! I'd rather take the chance and do it than regret it.
- And...finally, what has been your most embarrassing/funniest moment while Arm-Wrestling?
Erm...oh once I slipped on the powder chalk that we put on our hands during a competition, and fell backwards into the crowd! I think it was the Lancashire Championships!

SPORTS UPDATE

Summer term successes in sports were excellent once again. In Athletics the boys and girls were combined Hyndburn and Ribble Valley Overall Champions for the 14th year on the run, winning 6 out of the 8 team trophies. The Year 7 & 8 girls were the HRV champions in rounders as were the boys u/14's and U/16's basketball teams.

The football and netball teams have had a busy term so far with some excellent results.

Netball

	Year 8	Year 9	Year 10	Year 11
Rhyddings	Won 22-0	Won 19-2		
Ribblesdale	Won 7-3	Drew 10-10		
St Augustines	Lost 5-11	Lost 9-17	Won 18-9	Won 37-2
Moorhead			Won 30-1	Won 28 -9
Norden			Won 31-1	Won 32-0
Bowland	Won 8-7	Lost 9-11	Won 11-10	Won 25-0

Football

	Year 7	Year 8	Year 9	Year 10
Rhyddings	Lost 4-5	Lost 1-8	Won 3-2	Won 4-0
Moorhead	Won 2-0		Won 3-2	Drew 1-1
Mount Carmel	Drew 1-1	Drew 0-0	Drew 0-0	Won 2-1
St Christophers	Lost 2-3	Won 9-5	Lost 3-4	Won 4-0

Newsletter Team:

Iram Akhtar
Shahana Ali
Calum Bell
Rachel Butterworth
Lee Caldecott

Hannah Collins
Amber Connolly
Matthew Gregson
Ashley McLoughlin
Muniza Mehrban
Haleema Rehman
Annah Yousaf

JACK AND THE BEANSTALK

Jack and the Beanstalk is coming up played by a wonderful range of actors involved in GCSE Drama.

In the spotlight we have Jack played by Skye, Jill played by Laken, Ma played by Callum, Katy as Jim, Squire played by Matt and a giant played by Josh. Chris is playing Tom, Froggy is played by Kirsten, Cook is Lauren, Serana is played by Melonie, Sid is played by Jodie and Clara is played by Sam and Tiff.

Keep your eyes open for this brilliant show on Thursday 14th December at 6.30pm



EXAM DATES FOR YOUR DIARY

YEARS 7 AND 8

EXAM WEEK4th – 8th JUNE 2007

YEAR 9

SATS8th – 11th MAY 2007

YEARS 10 AND 11

MOCK EXAMS5th – 8th DECEMBER 2006
GCSE MATHS MODULAR EXAM22nd JANUARY 2007
DRAMA EXAM (LAMDA)23rd FEBRUARY 2007
GCSE SCIENCE MODULAR EXAM (RESITS) ..7th MARCH 2007
GCSE SCIENCE MODULAR EXAM12th MARCH 2007
GCSE MATHS MODULAR EXAM13th MARCH 2007
MFL GCSE SPEAKING EXAMS24th APRIL 2007
GCSE SPEAKING EXAMS1st MAY 2007
DRAMA PERFORMANCE EXAM4th MAY 2006



Written & Produced by the students of The Hollins Technology College

Dracula Spectacula

As some of you may already know, one of the many up-and-coming events is the fantastically funny Dracula Spectacula. Organizing it is our very own Performing Arts and English Departments.



Dracula Spectacula is about an American schoolteacher who takes her pupils to Transylvania and while there they run into Dracula.

Nick, our noble hero is played by Joe Dakin (Year 9) battles with Dracula, played by Matthew O' Donnell (Year 9). We have the naïve Nadia, the schoolteacher who is played by Zoe Stevenson (Year 11). Over 40 people are involved in the production, with staff and pupils both on stage and working behind the scenes.

Dracula Spectacula, will be a fun and wonderful play. It's really going to be great, how can you stay away?

ANTI BULLYING WEEK - 20TH NOVEMBER

Pupils in school focused on a range of issues in lessons and assemblies.

BULLYING - different types.

There are many different types of bullying, hitting is not the only one. There is verbal bullying; calling names, threats, rumours and insults. There is Physical bullying; pushing around, hitting and kicking.

There is a new type of bullying, which is cyber bullying- using mobiles and emailing nasty things. Do not put up with bullying. Do not be a witness to bullying. The most important thing you should do is tell someone!

EFFECTS OF BULLYING

While bullies often try to deny what they've done by saying 'it was only a joke', the truth is they mean it to hurt and it often does.

Sometimes there can be physical harm, but there can also be psychological harm towards people being bullied.

- They can be so depressed they actually become ill
- Their self esteem can be really low
- They can become shy and withdrawn
- They can develop physical complaints, like constant stomach aches and headaches, which are brought on by stress
- The kind of bullying that seems to cause the most stress is rumour mongering
- Fear and anxiety can make someone being bullied truant from school

ChildLine says:

Bullying hurts. It makes you scared and upset. It can make you so worried that you can't work well at school. Some children have told us they have skipped school to get away from it. It can make you feel that you are no good, that there is something wrong with you. Bullies can make you feel that it's your fault.

Bullying Facts across the UK

- 80% of students are involved in bullying each year (as either the bully or victim).
- Boys are found to be four times as likely as girls to cause physical attacks but are a lot more likely to be a victim of an attack.
- 74% of 8-11 year olds, and 86% of teens have been bullied by their peers.
- 1 in 5 children are bullied in the classroom.

CHRISTMAS CONCERT

This year's Christmas concert will be a new format based on a 'Celebration of Christmas around the world'. Pupils will be involved in a flute group performance, a drum group performance, a singing group performance and some Christmas readings.

Monday 18th December
6.30pm in the School Hall

OUR COMPETITION

Are you clever enough, brave enough, or just want the glory? Enter this competition now.

WHAT TO DO

Write a poem about bullying, whether you're the bully or the victim. Make it persuasive and make it good.

THE PRIZE

Become one of us, join school newsletter team, show your friends and your teachers what you made of.

All entries should be in for **Fri 26th Jan 2007** (LRC collecting entries.)

MOVING IN

Moving out of an old crowd trying to move into a new crowd but no-one wants to know you at all

But when you make them feel stupid and make them look small Everybody wants to be your friend Everyone around you, you seem to know.

Year 7 Competition

Hollins Website
We are continually updating our website with news, information and recent events. Please visit us at
www.thehollins.com



New Cashless Catering

On Wednesday 8th November the new cashless system started in school. All pupils and staff had previously had their fingerprints digitally recorded and it has taken a little time to get used to getting the fingerprint right. We now have five tills at break and lunch and as everyone is getting quicker at going through the tills the queues are getting shorter and everyone is being served much faster. To get the fastest service pupils need to pay in advance (cheque or cash) and keep their accounts topped up. Parents can set a daily spend limit to make sure the money lasts for the week.



Our new menus are proving very popular with healthier options available at all meal times.

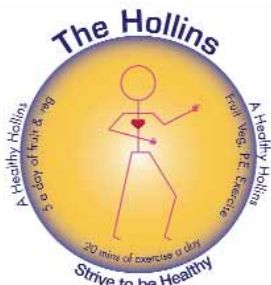
Breakfast is available from 8.15 to 8.45 and pupils can choose from more traditional bacon and (low-fat) sausage sandwiches, toast and cereal.



At break pupils are served from the two new 'Deli-bars' in addition to the original serving area. Our snacks now include healthier options such as cereal bars, muffins, fruit, milk, milk shakes and smoothies.

Lunch time has seen the greatest changes to the menu. Our four week menu offers three 'main' dishes each day, one of which is vegetarian with a selection of vegetables and potatoes during the week. We still have chips each Friday but pupils are enjoying boiled new potatoes, potato wedges, rice and pasta dishes as alternatives on other days of the week. Examples of some of the dishes from one week are: Cheesy Pasta & Leek, Roast Pork, Chicken Curry, Sausage with Bacon & Tomato, Cheese & Egg Flan, Chicken Pie, Tuna Fishcakes, Breaded Fish and Shepherds Pie. We also offer a range of snack foods from the two Deli-bars including; jacket potatoes with choice of filling, salads, soup, sandwiches, brushcetta, burgers and beans on toast. These are proving particularly popular with pupils having a wider and healthier choice.

The new Healthy Schools logo designed by Ashley McLoughlin.



Year Six Tutoring

Eight pupils have been chosen from Year Ten to tutor Year 6 primary school children. Four students have been going each week to Mount Pleasant Primary School while the other four are going to Peel Park Primary School. The Hollins pupils are teaching the year six children maths, in order to help them prepare for the Maths Challenge later this year.



The Bethany Project



The Bethany Project was founded in 1990. People visiting Tanzania saw the suffering, homeless, orphaned children. They returned to Britain determined to change the lifestyle of these poor children. A year later a team of 12 visited Tanzania and started building the Orphanage. Eventually other people joined in and as of August 2006 Bethany is a large family, consisting of over 100 children over a wide range of ages.

Two pupils from our school took part in this and visited Tanzania during the summer. Karen Ross left Hollins this year and Nick Hopkinson is our current Head Boy. I asked Nick a couple of questions about the Bethany Project;

Q How did you feel when you saw all the children?

A ***I thought about the cultural differences & how lucky we are to live in Britain, we take too much for granted!***

Q What was your stay like at Tanzania and what did you do?

A ***It was amazing, we taught for 3 hours, played games and in the mornings we had prayer services as well as at night times.***

Q Would you go back?

A ***When I finish university, I plan to live at Bethany working as a teacher.***



New Staff



Miss Hartigan, Mrs Dougan and Miss Larkin

On behalf of all the pupils and staff at The Hollins we would like to give a warm welcome to the new staff in the MFL department. We have been joined by: Mrs Dougan, subject leader, Miss Hartigan and Miss Larkin. We interviewed all of them to see what they think of The Hollins so far.

Hyndburn Consortium

A new programme called the Hyndburn Consortium has been, for the first time, introduced in the area. The Hyndburn Consortium is all about giving a group of Year 10 pupils the chance to study at other schools across Hyndburn. Only a pilot group of eighteen pupils have been taking part in the courses. They go and study a wide range of subjects at different schools and colleges.

At Accrington and Rossendale College, four people are studying GCSE Construction. At Moorhead High School, five people are involved in the Girl's Football Academy. At Mount Carmel High School, four people are studying GCSE Law. At Norden High School, four people are taking part in the Sports Leader Award and finally, at St Christopher's High School, one person is studying GCSE Music. The Hollins are planning to start a course next year.

Interview With the Head of Department (Modern Foreign Languages)- Mrs Dougan

Q: Which school did you teach at before coming to The Hollins?

A: A school in Bury called Radcliffe Riverside.

Q: How long did you teach there?

A: Five years.

Q: What is your favourite French word?

A: Quinquill rie (hardware shop).

Q: Have you ever been to France?

A: Around thirty times.

Q: Have you ever tasted French food?

A: Yes, and it's delicious. I've tried snails, frogs legs but I love rare steak.

Q: How are you finding The Hollins?

A: It 's very different because I used to be a head of year but I love the school.

Q: How long have you been learning French?

A: Since year seven but I'm still learning everyday, I became fluent when I lived in France .

Q: You teach Spanish too? Which language do you prefer teaching?

A: French because I'm better at it.

An Interview with Miss Hartigan

Q: Why did you decide to join The Hollins school?

A: I decided to join because when I went around the school for the first time the atmosphere and pupils were so nice. I also thought the staff were very good.

Q: How are you finding the school so far?

A: This first term I found to be amazing, although I am very tired. I am really happy to be here.

An Interview with Miss Larkin

Q: What school did you work at before?

A: Before I came to The Hollins I worked at a school called King David in Prestwich. It was a Jewish School. Before that I worked at a school called Fearn in Bacup.

Q: Why did you choose to come to The Hollins?

A: I chose to come to The Hollins because I liked the size. I thought the staff and pupils were friendly and I was impressed with the school.

Q: What do you think of the staff and pupils at The Hollins?

A: I think that the pupils in general are well behaved, polite and hardworking. The staff are friendly, helpful and supportive.

Q: Why did you choose to become a languages teacher?

A: I chose to become a Languages teacher because I enjoyed languages when I was in school. I remembered what I found hard and easy. I want people to enjoy it like I did. I also think it is a very important skill.

Q: If you weren't a languages teacher what would you be?

A: I would either be a secretary or an administrator.

Q: Have you enjoyed your time at The Hollins?

A: Yes, so far!

